

# Southern California Road Runners of Walnut

## Come Celebrate Our 21<sup>st</sup> Annual Thanksgiving Tradition

### With a Thanksgiving Morning Race



**5K – Top 3 M/F Finishers Get Gift Cards From Top Speed Running Store!!**

<b>Race Day Schedule</b>	
<b>November 23<sup>rd</sup>, 2017</b>	
6:30 AM	- Registration Begins
7:30 AM	- Kiddie Run <b>**</b>
7:45 AM	- 1K Run
8:15 AM	- 5K Run
9:00 AM	- Sack Races
9:30 AM	- Pie Eating Contest
9:45 AM	- Awards
<b>Creekside Park</b> <b>780 Creekside Dr.</b> <b>Walnut, CA 91789</b>  <i>Special Features....</i> <b>**Parents, you can watch your kiddies run and after you can run the 5K</b>  Beautiful Trail and Grass Run, Well Marked Course, Water Table on Course, Visual Clock, Off Street Running; Zero Traffic.	

**Kiddie Run: 200 meters**

- Open to 4yrs & Under
- 1st M/F Over all – win a pie and a ribbon
- All other finishers get a ribbon

**1K Run:**

- Open to 9yrs & Under - 1st M/F Over all - win \$15.00 gift card
- 2nd and 3rd M/F Over all – win a Pumpkin pie
- All other finishers will get a participation treat

**5K Run:**

- 1st M/F O/A – Each Win \$100 Gift Cards from Top Speed Store
- 2nd M/F O/A – Each Win \$50 Gift Cards from Top Speed Store
- 3<sup>rd</sup> M/F O/A – Each Win \$35.00 Gift Cards from Top Speed Store
- Top 3 division M/F win pumpkin or apple pies



Event Sponsors:

**5K Run Only – T-shirt available to the first 120 who pre-register or until supply lasts. \$20 fee for 5K good before Nov. 18<sup>th</sup> \$25 after**

**Questions? Call Coach Danny (626)622-8569**

- 5K course is challenging, no dogs, strollers or headsets are permitted

**Pre-registration: Mail to Coach Danny @ 20332 E. Calora St. Covina CA 91724 or Active.Com**

- \$10 for 1K (Age 9 & Under) no late fee
- \$5 for Kiddie Run no late fee (Age 4 & Under)
- \$20 for 5K if you register before Nov. 20th, after \$25.00
- T-Shirt Size Youth M L Adult S M L XL circle one
- Circle Race Entering: 1K 5K Kiddie Run
- Total Enclosed \$\_\_\_\_\_

Last Name \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Gender: Female  Male  Age on Race Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**5K Age groups:** Circle Age Division (10 & under)=A (11-14)=B (15-18)=C (19-24)=D (25-29)=E (30-34)=F (35-39)=G (40-44)=H (45-49)=I (50-54)=J (55-59)=K (60-69)=L (70-74)=M (75 & over)=N

**Event Waiver Release: Read before Signing**

In consideration of signing this waiver, I herby, myself, my executors, administrators, and assignees waive any and all right of claims for damages I may have against the Southern California Road Runners of Walnut, race hosts, The City of Walnut, race sponsors, volunteers, assignees, or any individual associated with this event for any injuries sustained by me in this event, or as a result of any activity or action against this event. I expressly release the above-named parties from and against any and all claims or liabilities arising from their organization, planning, and implementation of this event. Also, none of the above is responsible for any loss of personal property or any form of aggravation in connection with this event. I understand that the event course consists of trails and park grounds in their ordinary and usual natural condition and that the course has not been prepared for this event. I attest and verify that I am physically fit, and have trained for this event. I grant full permission for sponsors and others to use photos or films of my participation in this event without liability or obligation to me. I acknowledge that I have read this provision, and fully understand my own liability. I do herby, accept these provisions, and take full responsibility for my own participation.

Signature \_\_\_\_\_

Parent or Guardian Signature if Participant is under 18 \_\_\_\_\_

Date \_\_\_\_\_